

# First Aid Check List

- Band-Aids
- Peroxide
- Alcohol
- Tylenol or Motrin
- Antihistamine
- Aspirin
- Neosporin
- Medical Tape
- Gauze
- Scissors
- Tweezers
- Disposable Glove
- Duct Tape
- Safety Pins
- Hand Sanitizer
- Eyewash Solution
- Thermometer
- Surgical Mask
- \_\_\_\_\_

**In the  
Event of a  
Medical  
Emergency  
Call 911**

A List of Emergency Contacts

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Known Allergies: \_\_\_\_\_

Health Issues: \_\_\_\_\_