

Personal Clothes & Hygiene List

For New Women Drivers

1. Pack light, but bring enough clothes for at least ten days.

2. Grab duffel bag.

3. Throw all of the items below in the duffel bag:

Clothes

- Shirts
- Pants
- Panties
- Bras
- Socks
- Shoes
- Jacket

Personal Hygiene:

- | | |
|--|--|
| <input type="checkbox"/> Soap | <input type="checkbox"/> Tooth Brush |
| <input type="checkbox"/> Shampoo | <input type="checkbox"/> Tooth Paste |
| <input type="checkbox"/> Conditioner | <input type="checkbox"/> Hair Brush |
| <input type="checkbox"/> Razors | <input type="checkbox"/> Hair Bows |
| <input type="checkbox"/> Shaving Cream | <input type="checkbox"/> Baby Wipes |
| <input type="checkbox"/> Deodorant | <input type="checkbox"/> Electric Shaver |
| <input type="checkbox"/> Tampons | <input type="checkbox"/> Hair Dryer |
| <input type="checkbox"/> Pads | <input type="checkbox"/> Cosmetics |

4. Along with all of this, you will also need:

- Flip-Flops for showering.
- Laundry Bag for dirty clothes.
- Ziplock Bags
- You may want to pack a towel, though most truck stop provide towels.